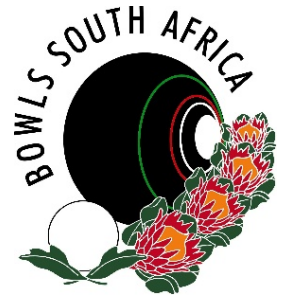


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16 October 2023

To: EXECUTIVE COMMITTEE
PROVINCIAL PRESIDENTS
PROVINCIAL SECRETARIES
DISTRICT PRESIDENTS
DISTRICT SECRETARIES
MEDIA

CIRCULAR 69 / 2023

SAIDS – Banned Substance - Tramadol

South Africa Institute for Drug Free Sport (**SAIDS**), advise that there is a status change for **Tramadol** on the World Anti-Doping Code (WADC) Prohibited List which is applicable as of 1st January 2024.

Attachment from SAIDS is available for easy reference.

Please ensure that you communicate the attached to all your stakeholders (athletes, athlete support personnel, administrators). If you have any questions and or queries, please contact Fahmy Galant at fahmy@saisd.org.za

BOBBY DONNELLY
CHIEF OPERATIONS OFFICER